



## Theresa Hoffman

Theresa is an executive coach and leadership development consultant with a primary focus on human motivation and potential. Her supportive, actionable coaching includes a combination of self-assessments and 360-degree feedback that allows her clients to broaden their perceptions and quickly gain insights that lead to productive change. She works with executives to help them raise their self-awareness and build stronger relationship capital. Theresa facilitates groups of leaders and takes them through the many stages of self-awareness and emotional intelligence. Senior leaders hire her when the dynamics of their team are seemingly impacted by "personalities" of some of the key players. Theresa is a Managing Partner and Co-Founder of Thrive Leadership. She previously ran the Center for the Advancement of Positive Leadership in West Chester. Her coaching career began with Leadership Research Institute, and prior to consulting she was in the sales organizations of Johnson & Johnson and Hewlett-Packard. Theresa is an adjunct professor of Psychology at West Chester University and a certified Enneagram teacher. She holds a BS in Business Administration from Drexel University and a MA in Industrial/Organizational Psychology from West Chester University.