

Denise Purdy



Denise Purdy works with women who constantly juggle the stresses of running a family and having a successful career. That dichotomy often results in overwhelm, frustration and burnout. Having suffered the same experiences, she helps her clients find confidence and peace as they overcome the guilt of those stresses.

Following her banking career, Denise helped women build their direct sales businesses by teaching skin care and makeup application techniques. Now, she serves women by helping them become more powerful in every area of life, not just in business.

Denise, as a certified Mastery Level Transformational Coach, takes pride in her decade of experience inspiring and motivating women to live their best lives NOW.

Have a great day!

*Denise Purdy*

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